



EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2024

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Virginia YOUSSEF
Gil ZALSMAN, Petah Tikva, Israel
Besmira ZENELAJ, Tirana, Albania

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 07/09/2023
Venue: Online elections

ACTIVITIES OF THE SECTION IN 2024:

Meetings/events

EPA 2024

Description:

Assessing the value of mental health treatments for youth in Europe

07.04.2024 | 10:00 - 11:30 | F9

Code: SP05

Type: Symposium

Topic: Mental Health Policy

Chair: Danuta Wasserman (Sweden) , Judit Balazs (Hungary)

10:00 - 10:17



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Autism care pathway in Europe

Speaker: Celso Arango (Spain)

10:17 - 10:34

Economic impact of reducing treatment gaps in depression

Speaker: Paul McCrone (United Kingdom)

10:34 - 10:51

Economic modelling of the Value of Early Intervention and Continuity of Care for Anorexia Nervosa in England, Germany and Spain: improving the care pathway

Speaker: David McDaid (United Kingdom)

10:51 - 11:08

Assessing the value of mental health treatments in Europe

Speaker: Judit Simon (Austria)

Location: Budapest

Start date: 07/04/2024

End date: 07/01/2024

EPA 2024

Description:

Mental health of forcibly displaced people worldwide

08.04.2024 | 08:00 - 09:30 | P1-P2-P3

Code: CRS03

Type: Core Symposium

Topic: Mental Health Policy

Description:



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With more than 90 million forcibly displaced people worldwide, caring for these people is a challenge for mental health systems as well as mental health practitioners. The speakers will touch on the basics of establishing therapeutic contact, carrying out diagnosis and providing treatment with forcibly displaced people, as well as presenting the practical psychosocial interventions and programs for children, adolescents and adults in place in different countries.

Chair: Judit Balazs (Hungary) , Tomasz Gondek (Poland)

08:00 - 08:17

What should Early Career Psychiatrists know when treating migrants and refugees?

Speaker: Tomasz Gondek (Poland)

08:17 - 08:34

Mental health of children and adolescents during wartime

Speaker: Judit Balazs (Hungary)

08:34 - 08:51

Emergency and Community Based Psychosocial Support Programs for War-Affected Individuals from Ukraine in EU

Speaker: Iryna Frankova (Netherlands)

08:51 - 09:08

Health promotion strategies toward improved healthcare access for migrants and refugees in Europe - how do they look like?

Speaker: Meryam Schouler-Ocak (Germany)

Location: Budapest

Start date: 08/04/2024

End date: 08/01/2024

epa 2024

Description:



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Symposium: User involvement: taking words into action

08.04.2024 | 15:00 - 16:30 | F10

Code: ECP05

Type: ECP Programme

Topic: Educational

Description:

In this session Prof Sartorius will recap the historical evolvement of user involvement while Prof Judit Balasz and Dr Howard Ryland will provide practical insight on digital implications in youth and forensic psychiatry.

Chair: Danuta Wasserman (Sweden) , Asilay Seker (United Kingdom)

15:00 - 15:17

User involvement in youth mental health

Speaker: Judit Balazs (Hungary)

15:17 - 15:34

User involvement in psychiatric research: shifting from traditional research paradigms to collaborative partnerships

Speaker: Daniele Cavaleri (Italy)

15:34 - 15:51

User involvement in forensic psychiatry

Speaker: Howard Ryland (United Kingdom)

15:51 - 16:08

Public & patient involvement: then and now

Speaker: Norman Sartorius (Switzerland)

Location: budapest

Start date: 08/04/2024



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End date: 08/01/2024

FUTURE ACTIVITIES:

Meetings/events

Crossing thresholds: shaping autism care from childhood to adulthood

Description:

The symposium opens with a focused discussion on autism spectrum disorder and its comorbidities, highlighting diagnostic challenges and treatment complexities during the transition from adolescence to adulthood. This presentation emphasizes the need for personalized, adaptable care trajectories and explores strategies for maintaining continuity of care through therapeutic adaptations and service integration across healthcare providers.

The second presentation examines the transition of young people with neurodevelopmental disorders and mental health issues from child-centered to adult-oriented healthcare systems. It reviews literature to underscore key challenges and provide recommendations for smoother transitions.

In the third presentation, the focus shifts to how early-onset psychiatric conditions are managed into adulthood, stressing a developmental approach in adult psychiatry that takes into account the history of neurodevelopmental disorders.

The fourth presentation tackles the specific challenges faced by individuals with autism and intellectual disability as they prepare for adulthood. It discusses barriers like communication and social interaction difficulties, and outlines tailored interventions and support systems to help navigate these critical transitions. Case studies are used to illustrate the personal and societal hurdles encountered, underscoring the importance of customized support.

Chair: Krzysztof Krysta (Poland) , Judit Balazs (Hungary)

17:00 - 17:17

A case report about autism spectrum disorder and comorbidities: diagnostic procedure and treatment difficulties in transition from adolescence to adulthood

Speaker: Bernadett Farkas (Hungary)

17:17 - 17:35

The experience of transition to adult services of young people with neurodevelopmental disorders and mental health problems

Speaker: Jacopo Santambrogio (Italy)



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17:34 - 17:51

Transition of psychiatric care from childhood to adulthood: An opportunity for adult psychiatry

Speaker: Joao Paulo Coelho Silva Albuquerque (Portugal)

17:51 - 18:08

Challenges faced by individuals with autism and intellectual disability as they prepare for adulthood

Speaker: Michał Ciołek (Poland)

18:08 - 18:30

Q&A

Partners:

This session is jointly organised by the Sections on Mental Health and Intellectual Disabilities (MHID) & Child and Adolescent Psychiatry

Location: Madrid

Start date: 06/04/2025

End date: 06/04/2025

What do we know about the health of refugees?

Description:

With more than 110 million people displaced worldwide, it is foreseeable that the number of refugees will also rise due to the increase in conflicts worldwide. Many governments are now denying refugees access to public services and the right to work, so that they are excluded from the social and economic life of their host countries. They are also often only granted limited access to the healthcare system. Without long-term solutions, refugees remain in desperate situations, living in overcrowded refugee camps and unable to build a new life in dignity and peace. Caring for these people is a challenge for mental health systems and mental health professionals. In this symposium, speakers will highlight the basics of therapeutic contact, diagnosis and treatment of displaced people and present practical psychosocial interventions and programmes, including for children, adolescents and refugees.

This is a joint Symposium of ECPC and Ethics Committee and of the Child Psychiatry of the EPA



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Chair: Tomasz Gondek (Poland) , Meryam Schouler-Ocak (Germany)

08:00 - 08:17

Forcibly displaced people- what do we know about their mental health conditions?

Speaker: Apostolos Veizis (Greece)

08:17 - 08:34

How can we improve the access of forcibly displaced people to mental health care in Europe?

Speaker: Meryam Schouler-Ocak (Germany)

08:34 - 08:51

What should early career psychiatrists know on cross-cultural psychiatry?

Speaker: Tomasz Gondek (Poland)

08:51 - 09:08

What do we know about the mental health issues of children and adolescents in wartime?

Speaker: Judit Balazs (Hungary)

09:08 - 09:30

Q&A

Location: Madrid

Start date: 07/04/2025

End date: 07/04/2025

Understanding the relationship between ADHD and suicidal spectrum behaviors in children, adolescents and young adults: Implications for clinical practice

Description:

This session is organised by the Section on Child and Adolescent Psychiatry

This symposium aims to offer a better understanding of the risk factors for suicidal spectrum behaviors (SSBs) in individuals with ADHD and to provide practical implications for clinical assessment, treatment,



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and preventive strategies for SSBs in adolescents and young adults with ADHD as well as the systematic screening of ADHD among individuals with SSBs.

Cédric Galera will address the epidemiology of ADHD and SSBs in children and adolescents, drawing on the results of his longitudinal study identifying various profiles of ADHD during childhood and their associations with SSBs during adolescence. Hala Kerbage will address the bidirectional relationship between ADHD and PTSD as well as traumatic exposure as a potential mediator between ADHD and SSBs. She will discuss practical implications in screening and treating Post Traumatic Stress Disorder (PTSD) and SSBs among children and adolescents with ADHD. Simone Marchini will address the clinical screening, assessment, and management of emotional dysregulation and self-injury among adolescents with ADHD transitioning into young adulthood, based on a review of the evidence and his clinical and research experience in a transition psychiatry clinic for 15-25 youth. Rami BouKhalil will detail the complex relationship between ADHD and bipolar disorder in the context of SSBs. Clinical data and underlying pathogenesis will be explored offering insights for improved risk assessment and interventions.

Chair: Cédric Galera (France) , Judit Balazs (Hungary)

08:00 - 08:17

Epidemiology of ADHD and suicidal behaviours in children and adolescents

Speaker: Cédric Galera (France)

08:17 - 08:34

Assessment and management of PTSD among children and adolescents with ADHD as a preventive strategy for suicidal behaviours

Speaker: Hala Kerbage (France)

08:34 - 08:51

The causal interplay between comorbid ADHD and bipolar disorder with suicidal behaviours

Speaker: Rami BouKhalil (Lebanon)

08:51 - 09:08

Emotional dysregulation and Non Suicidal Self Injury in adolescents with ADHD transitioning to young adulthood

Speaker: Simone Marchini (Belgium)

09:08 - 09:30



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Q&A

Location: Madrid

Start date: 08/04/2025

End date: 08/04/2025

Neurodevelopmental conditions across the age continuum: Understanding differences in presentations

Description:

This symposium aims at bringing together diverse perspectives on the lifespan implications of neurodevelopmental disorders and at exploring the intricate connections between genetics, environment, and parenting in early development, the recognition and implications of neurodevelopmental conditions and the challenges of diagnosing and managing conditions like ADHD in adults. Additionally, the symposium will discuss the intersection of personality disorders with neurodevelopmental issues, highlighting the complexity and necessity of accurate diagnostic processes across various life stages.

Chair: Judit Balazs (Hungary) , Olena Zhabenko

15:00 - 15:17

Parents and neurodevelopment: The complex interplay of genetics and environment

Speaker: Asilay Seker (United Kingdom)

15:17 - 15:34

The ongoing crisis for autistic women: the gender-based complexities of assessment and support

Speaker: Joerdis Rausch (Germany)

15:34 - 15:51

ADHD in adulthood: Why should we not give up on getting the diagnosis right

Speaker: Johanna J. Kooij (Netherlands)

15:51 - 16:08

Overlap between personality disorders and neurodevelopmental conditions



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Speaker: Jacob King (United Kingdom)

16:08 - 16:30

Q&A

Partners:

Neurodevelopmental Section

Location: Madrid

Start date: 08/04/2025

End date: 08/04/2025

FUNDING IN 2024

Income: We didn't receive any funds

Source(s) of funding:

We didn't receive any funds

Expenditure: We didn't receive any funds

Balance: We didn't receive any funds

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No